



The Handbook of Stress: Neuropsychological Effects on the Brain (Blackwell Handbooks of Behavioral Neuroscience)

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The Handbook of Stress: Neuropsychological Effects on the Brain is an authoritative guide to the effects of stress on brain health, with a collection of articles that reflect the most recent findings in the field.

- Presents cutting edge findings on the effects of stress on brain health
- Examines stress influences on brain plasticity across the lifespan, including links to anxiety, PTSD, and clinical depression
- Features contributions by internationally recognized experts in the field of brain health
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