



Handbook of Obesity -- Volume 1: Epidemiology, Etiology, and Physiopathology, Third Edition

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In recent years, we've developed a much better grasp of the biological and other factors associated with the development of obesity. Reflecting our evolving understanding of causes and consequences, **Handbook of Obesity: Epidemiology, Etiology, and Physiopathology** provides comprehensive coverage of the biological, behavioral, and environmental determinants of this critical condition. This new edition is divided into five sections exploring essential factors involved in obesity research:

- *History, Definitions, and Prevalence:* Changes over time surrounding our notion of obesity, adiposity traits, and the epidemiology of obesity in various populations
- *Biological Determinants of Obesity:* Genetic and epigenetic evidence, fetal life and postnatal influences, the use of animal models in research, endocrine issues, molecular aspects, and issues related to viral infection and adiposity
- *Behavioral Determinants of Obesity:* The effects of food and ingestive behavior, smoking, breastfeeding, sleep duration, work/leisure time activity, and sedentary behavior
- *Environmental, Social, and Cultural Determinants of Obesity:* The role of agriculture and the food industry, the urban environment, social and economic aspects, cultural factors, environmental pollutants, and economic costs
- *Consequences of Obesity:* How excess weight affects and exacerbates a range of comorbid conditions, including diabetes, cardiovascular disease, pulmonary disorders, arthritis, and cancer

This volume assembles the work of worldwide experts to deliver an up-to-date survey of the most essential information related to the causes of the obesity epidemic.

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