



Obesità infantile. Non solo una questione di peso (include software scaricabile) (Italian Edition)

Angelo Pietrobelli

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Un bambino obeso ha un'alta probabilità di diventare un adolescente obeso e quindi un adulto obeso. Ciò ha una rilevanza notevole in termini di conseguenze per la salute, sia da un punto di vista fisico che psicosociale. È quindi facile comprendere come l'obesità infantile rappresenti un costo elevato per la Sanità, in termini di risorse e di impegno. Sulla base delle linee guida di prevenzione e trattamento dell'American Academy of Pediatrics (ACP), il libro fornisce al pediatra indicazioni e suggerimenti per una gestione ottimale del sovrappeso e dell'obesità nel bambino. Il software allegato permette di effettuare il calcolo dei percentili del BMI sulla base delle curve di crescita e di impostare il corretto trattamento secondo le linee guida ACP.

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