



Ordinary Freedom

Jon Bernie

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This book is about Freedom. It's not about a special state or condition called "Freedom," some idea or concept to be believed in; rather, it is about the recognition and realization of our essential nature.

When we arrive in this moment and awaken to the truth of our existence, we discover that Freedom is completely ordinary—ordinary, yet awesome. The recognition and realization of our essential nature is for many a gradual transition. The challenge of our generation is to find out how to support this transformation in the midst of our everyday lives.

Adyashanti writes, "This wonderful collection of Jon's teachings really captures his ability to point us back to our own innate freedom. What makes Jon's teachings so powerful and relevant, though, is that no part of the human experience is denied. Indeed, there is an open encouragement for all of our human experience to be included and embraced as a means of discovering the infinite ground of being, within which all of our experience unfolds. This in itself is a great gift to any spiritual seeker looking to find out what freedom is really all about."

Reading *Ordinary Freedom* is like having a wise and loving but uncompromising friend on the path to discovering our true nature.

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Joan Cross:

Reading can called imagination hangout, why? Because when you find yourself reading a book specially book entitled Ordinary Freedom your mind will drift away trough every dimension, wandering in each aspect that maybe mysterious for but surely will become your mind friends. Imaging every word written in a publication then become one contact form conclusion and explanation this maybe you never get ahead of. The Ordinary Freedom giving you another experience more than blown away your head but also giving you useful details for your better life in this era. So now let us teach you the relaxing pattern this is your body and mind will likely be pleased when you are finished studying it, like winning a game. Do you want to try this extraordinary spending spare time activity?

Sandra Kelley:

Within this era which is the greater person or who has ability in doing something more are more important than other. Do you want to become one of it? It is just simple strategy to have that. What you are related is just spending your time little but quite enough to get a look at some books. One of several books in the top collection in your reading list is actually Ordinary Freedom. This book and that is qualified as The Hungry Hillside can get you closer in getting precious person. By looking upwards and review this e-book you can get many advantages.

Aletha Bassett:

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