



A Book of Miracles

Dr. Bernie S. Siegel

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Bernie, as he prefers to be called, first wrote about miracles when he was a practicing surgeon and pioneered Exceptional Cancer Patients, a groundbreaking synthesis of group, individual, dream, and art therapy that provided patients with a “carefrontation.” His safe and loving approach facilitated patients’ awareness of their own physical, spiritual, and psychological healing potential. Compiled during his more than thirty years of practice, speaking, and teaching, the stories here are riveting, warm, and belief expanding. Their subjects include a girl whose baby brother helped her overcome anorexia, a woman whose cancer helped her heal by teaching her to stand up for herself, and even a family that was saved from a burning house by bats. Without diminishing the reality of pain and hardship, the stories show real people turning crisis into blessing by responding to adversity in ways that empower and heal. They offer readers the same opportunity.

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