



La vita allo specchio (Italian Edition)

Omar Soriente

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Questo libro autobiografico vi trascinerà nel profondo dell'anima attraverso la rabbia, l'odio, l'amore e le riflessioni del protagonista che ha intrapreso un viaggio dentro di sé capace di trasformare completamente la sua vita. Le sofferenze e le amarezze possono diventare il punto di partenza per una rinascita esistenziale e per una ricerca della felicità che poco a poco si palesa nella sua più spettacolare forma: l'amore per se stessi e per gli altri. Libro appassionante, dal testo scorrevole e ricco di sensazioni volte a far riflettere il lettore sul senso della vita e su come la stiamo intraprendendo.

Il libro è un viaggio alla scoperta di se stessi, un racconto di vita che non vuole essere un esempio, ma lo è inevitabilmente per la forza trascinante degli accadimenti che si svolgono nel racconto e per la vitalità che traspare in ogni singola parola del testo. Le autobiografie come questa consentono di specchiarsi e chiedersi come momenti difficili possano trasformarsi in un percorso di illuminazione e di gioia. La risposta è nelle parole dell'autore e nei suoi viaggi lontani (in un altro continente), vicini (nei boschi, nelle grotte, nelle passeggiate tra le montagne friulane), vicinissimi (dentro se stessi) che l'autore compie nello spazio temporale non breve ma brevissimo nella lettura. Recensione di un lettore google books.

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