



La clownessa (Italian Edition)

ROSSELLA BERGO

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Un saggio sulla clownessa racchiusa in ogni donna e sul come riscoprirla attraverso l'atto creativo, la conoscenza del proprio corpo e il recupero della saggezza femminile arcaica. Questo viaggio intimo culmina nell'integrazione delle energie femminili e maschili e in una creatività ricca, che dona benessere al corpo e alla mente della donna. Nel racconto della sua esperienza di clown-dottore in missioni umanitarie l'autrice parte dalle radici storiche del fenomeno e dall'incontro con le clownesse delle Cinque Lune per insegnare a tutte le donne a utilizzare la clownerie come strumento terapeutico e di realizzazione personale.

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