



Glück: Wie das Leben gelingt (GEO Wissen eBook Nr. 1) (German Edition)

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Wer möchte das nicht: glücklich und zufrieden sein. Doch da endet die Einigkeit schon. Allein zur Frage, was denn der Kern des Glücks sei, finden sich die unterschiedlichsten Antworten. Glück ist ein ebenso schillernder wie unpräziser Begriff, irgendwo angesiedelt zwischen dauerhafter Ekstase und stiller Zufriedenheit.

In diesem eBook haben wir die besten Reports, Essays, Reportagen und Interviews aus GEO WISSEN zum Thema Glück zusammengestellt. Die Autoren dieses reinen Lesebuchs nähern sich dem Phänomen aus unterschiedlichen Richtungen und Perspektiven. Auf diese Weise geben sie Anregungen, wie man als Mensch den ein oder anderen Schritt weiterkommt auf dem ganz persönlichen Weg zu mehr Glück und Zufriedenheit.

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Nancy Fisher:

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