



The Play Within the Play: The Enacted Dimension of Psychoanalytic Process (Relational Perspectives Book Series)

Gil Katz

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In *The Play within the Play: The Enacted Dimension of Psychoanalytic Process* Gil Katz presents and illustrates the "enacted dimension of psychoanalytic process." He clarifies that enactment is not simply an overt event but an unconscious, continuously evolving, dynamically meaningful process.

Using clinical examples, including several extended case reports, Gil Katz demonstrates how in all treatments, a new version of the patient's early conflicts, traumas, and formative object relationships is inevitably created, without awareness or intent, in the here-and-now of the analytic dyad. Within the enacted dimension, repressed or dissociated aspects of the patient's past are not just remembered, they are re-lived. Katz shows how, when the enacted dimension becomes conscious, it forms the basis for genuine and transforming experiential insight.

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