



Masajes para bebés y niños (Crecer Hoy) (Spanish Edition)

Beatriz Marchelli

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Estimulación, técnicas básicas, Shiatzu. El lenguaje del afecto trasciende muchas veces las palabras y los gestos al expresarse diariamente a través del tacto: acariciamos para manifestar nuestro amor, palmeamos al otro en señal de gratitud y reconocimiento, o frotamos la parte dolorida del cuerpo de un niño para aliviarlo. Por eso, el masaje es una forma de instaurar ese diálogo no verbal y afectivo, ya que, desde la primera edad, el bebé recibe con amor las caricias maternas que le brindan seguridad y lo estimulan a vivir. En este libro encontrarán diversos tratamientos, como el masaje-caricia, basado en las técnicas hindúes de la medicina ayurvédica, el masaje terapéutico y el masaje-shiatzu, a partir de la milenaria técnica corporal japonesa. Padres, abuelos, maestras estimuladoras y todas las personas dedicadas al cuidado de bebés y niños- y especialmente aquellos en situaciones especiales-, encontrarán en los masajes una forma de establecer un diálogo íntimo de comunicación amorosa.

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