



Stop Second-Guessing Yourself--Baby's First Year: A Field-Tested Guide to Confident Parenting (Momma Said)

Jen Singer

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Jen Singer, the Internet's favorite Momma, gives hilarious, straight-from-the-hip advice for surviving the first year of motherhood

You're so sleep deprived that you can't muster up the energy to shave both legs on the same day, and the only grown-up you've talked to all day is Oprah. You're looking forward to taking the baby to the pediatrician, because after all, it's an outing! And you think colic should be a four-letter word. Don't worry. Seasoned mom and Internet favorite Jen Singer has been there. She shows moms like you how to find the humor and the help they need for surviving the expected and the unexpected during Baby's first year. Plus, she's gathered insights, coping tips, and valuable perspective from the thousands of moms who visit MommaSaid.net every day. With *Stop Second-Guessing Yourself--Baby's First Year*, readers will find new ways to embrace the roller-coaster of new parenthood, and enjoy the laughs along the way.

Stop Second-Guessing Yourself--Baby's First Year includes humorous sidebars, self-quizzes, and real-life anecdotes from moms who have endured the new-baby trenches.

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