



Los mejores sándwiches y bocadillos (Spanish Edition)

Olivier Laurent

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Degustados de pie y con prisa durante la pausa de la comida, engullidos con entusiasmo en las comidas campestres o tomados como aperitivos, los sándwiches —grandes o pequeños—, mal mirados durante mucho tiempo por la gastronomía, en la actualidad han llegado a conquistar los paladares más finos. Esta obra le propone casi un centenar de recetas de sándwiches y bocadillos, desde el clásico pero ineludible parisino hasta las preparaciones más elaboradas, como el sándwich nizardo o el célebre club sándwich. Además de combinaciones originales (jamón serrano y naranja, migas de atún y requesón, etc.), el autor le ofrece recetas con distintos tipos de panes y diferentes presentaciones, que incluyen también canapés, para que el placer sea variado. Gracias a este libro usted descubrirá que, con un poco de imaginación, una pizca de creatividad y buenos productos frescos, los sándwiches pueden convertirse en auténticas creaciones culinarias para satisfacer a sibaritas y glotones.

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