



Physiotherapie Schulter: Konservative und postoperative Rehabilitation (German Edition)

Jens Schönbeck

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Physiotherapie Schulter liefert die relevanten Informationen zu den anatomischen Gegebenheiten der Schulterregion, den dort auftretenden Pathologien sowie der damit verbundenen ärztlichen Versorgung. Das Buch führt den Leser, beginnend mit einer strukturierten Befunderhebung, durch den gesamten Rehabilitationsprozess:

- **Guter Überblick über das gesamte Spektrum - so sind Sie umfassend informiert:** Aktive und passive Behandlungstechniken
- **Für Sicherheit und leichte Einsetzbarkeit in Ihrer Behandlung:** Musterbehandlungen und Therapiestrategien zu den häufigsten Pathologien des Schultergürtels
- **So können Sie Behandlungstechniken noch besser umsetzen:** Zahlreiche Bilder sorgen für Nachvollziehbarkeit und machen Erklärungen und Techniken anschaulich
- **Für bessere Therapieergebnisse - beziehen Sie den Patienten mit ein:** Empfehlungen für Patienten-Übungsprogramme

Dem Autor gelingt dabei der Brückenschlag zwischen hochspezifischen physiotherapeutischen Fertigkeiten und einer ganzheitlichen Sichtweise, die dem biopsychosozialen Ansatz verpflichtet ist.

„Physiotherapie Schulter“ ist das integrative Arbeitsbuch, das eine erfolgreiche physiotherapeutische Arbeit mit Schulterpatienten ermöglicht - für Schüler, Studierende und Examinee.

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