



Simply Mexican

Lourdes Castro

Download now

[Click here](#) if your download doesn't start automatically

Simply Mexican

Lourdes Castro

Simply Mexican Lourdes Castro
Authentic, No-Fuss Mexican meals

From Chile-Glazed Pork Chops to Dos Leches Flan, Lourdes Castro offers clean, vibrant flavors that are the essence of great Mexican food. In SIMPLY MEXICAN, she presents authentic recipes that don't require a fortnight to prepare or extended shopping forays to find rare ingredients. Castro honed her knowledge of traditional south-of-the-border dishes by teaching the fundamentals to adults and children at her Miami cooking school, and now she's introducing real Mexican fare that works for busy cooks every night of the week.

SIMPLY MEXICAN features easy-to-prepare, fun-to-eat favorites with big flavors, such as Chicken Enchiladas with Tomatillo Sauce and Crab Tostadas. Once you have mastered the basics, Castro will guide you through more advanced Mexican mainstays such as adobo and mole, and show you how to make the most effortless savory and sweet tamales around. With cooking notes that highlight useful equipment, new ingredients, shortcut techniques, and instructions for advance preparation, SIMPLY MEXICAN demystifies authentic Mexican meals so you can make them at home in a snap.

"With this book Lourdes Castro has added a spark of creativity and simplicity to Mexican food that up until now had not yet been realized. It gives me a huge sense of pride and honor to know that this book exists, as it will help a large audience re-create these gems in a simple and straightforward way."

--Aarón Sánchez, chef/owner of Paladar and chef/partner of Centrico, author of *La Comida del Barrio*, and former cohost of Food Network's *Melting Pot*

"Here, at last, are real Mexican recipes that are authentic, creative, and fun to prepare. Lourdes Castro creates an atmosphere that makes learning about enchiladas, tacos, and salsas exciting and interesting, and her precise methodology with Mexican cookery is refreshing and very entertaining. Highly recommended."

--Jonathan Waxman, chef/owner of Barbuto and West County Grill and author of *A Great American Cook*

LOURDES CASTRO was born and raised in Miami, where she founded the Ars Magirica Cooking School and served as a personal chef and nutritionist for numerous high-profile clients. A former associate of the James Beard Foundation, she is a regular contributor to the *New York Social Diary's* dining section and has taught in the food studies department at Johnson & Wales University. Castro currently teaches food science at New York University and is the director of the Culinary Academy at the Biltmore Hotel in Coral Gables, Florida. She is also an active member of Les Dames d'Escoffier. She lives in New York City.

From the Hardcover edition.

 [Download Simply Mexican ...pdf](#)

 [Read Online Simply Mexican ...pdf](#)

Download and Read Free Online Simply Mexican Lourdes Castro

From reader reviews:

Nancy Tandy:

The book Simply Mexican can give more knowledge and information about everything you want. So just why must we leave a very important thing like a book Simply Mexican? Some of you have a different opinion about reserve. But one aim that book can give many data for us. It is absolutely suitable. Right now, try to closer along with your book. Knowledge or facts that you take for that, you could give for each other; you can share all of these. Book Simply Mexican has simple shape but you know: it has great and big function for you. You can look the enormous world by wide open and read a reserve. So it is very wonderful.

Jeff Jaco:

Now a day individuals who Living in the era everywhere everything reachable by interact with the internet and the resources included can be true or not need people to be aware of each information they get. How a lot more to be smart in obtaining any information nowadays? Of course the correct answer is reading a book. Examining a book can help folks out of this uncertainty Information particularly this Simply Mexican book because this book offers you rich information and knowledge. Of course the knowledge in this book hundred pct guarantees there is no doubt in it everybody knows.

Joshua Dunleavy:

Reading a book for being new life style in this season; every people loves to study a book. When you read a book you can get a large amount of benefit. When you read guides, you can improve your knowledge, because book has a lot of information in it. The information that you will get depend on what forms of book that you have read. If you wish to get information about your examine, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, such us novel, comics, and also soon. The Simply Mexican provide you with new experience in looking at a book.

Laura Dumas:

Do you like reading a e-book? Confuse to looking for your best book? Or your book seemed to be rare? Why so many problem for the book? But virtually any people feel that they enjoy regarding reading. Some people likes looking at, not only science book but also novel and Simply Mexican or even others sources were given information for you. After you know how the fantastic a book, you feel need to read more and more. Science e-book was created for teacher or even students especially. Those books are helping them to include their knowledge. In some other case, beside science publication, any other book likes Simply Mexican to make your spare time much more colorful. Many types of book like this.

**Download and Read Online Simply Mexican Lourdes Castro
#YJS5B9WLGP2**

Read Simply Mexican by Lourdes Castro for online ebook

Simply Mexican by Lourdes Castro Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Simply Mexican by Lourdes Castro books to read online.

Online Simply Mexican by Lourdes Castro ebook PDF download

Simply Mexican by Lourdes Castro Doc

Simply Mexican by Lourdes Castro Mobipocket

Simply Mexican by Lourdes Castro EPub