



Disturbi del sonno (Italian Edition)

Francesco Vico

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In questa mini-sillogia, l'insonnia diventa pretesto per indagare le sfaccettature della notte e dei pensieri che questa suggerisce. Ricordi, riflessioni, visioni a cavallo tra l'onirico e il delirante, sempre a cavallo tra un'ironia che a volte sconfinava nella deformazione grottesca e un'inquietudine di fondo legata al disagio esistenziale.

"Che cos'è l'insonnia? [...] è sentirsi colpevoli di vegliare quando gli altri dormono, è cercare di sprofondarsi nel sonno e non potersi sprofondare, è l'orrore di esistere e continuare ad esistere, è l'alba dubbiosa" J. L. Borges.

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