



Sleep and Psychiatric Disorders in Children and Adolescents (Sleep Disorders)

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The first book to offer an in-depth study of the relationship between sleep disorders and common psychiatric disorders in children, this new addition to Informa's Sleep Disorders series covers:

- sleep and attention deficit/hyperactivity disorder, autism, anxiety, and depression
- sleep disorders and obesity (including diabetes and metabolic syndrome), a subject that recently has become very prevalent in independent research studies
- current pharmacotherapies for pediatric insomnia, with an overview of pediatric psychopharmacology
- cross-cultural issues in sleep practices and habits

Sleep and Psychiatric Disorders in Children and Adolescents provides practical tools for the clinician for treating children, including guidelines to assess sleep, sleep questionnaires, and behavioral scales, making this a well-rounded resource, for not only sleep specialists, but psychiatrists, neurologists, and pediatricians as well.

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