



Brave Enough: Getting Over Our Fears, Flaws, and Failures to Live Bold and Free

Nicole Unice

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Find the courage to be who you are—not who you wish you were.

Is fear holding you back from becoming your best self? Does it add stress to your day and keep you up at night? What could be different if you let go and started living brave today?

Bravery doesn't have to mean cliff diving out of your comfort zone. Life is about being brave *enough*—for yourself, for God, for your tasks, and for your calling—right where He's placed you. A brave-enough life is one lived fully and confidently, with your shoulders relaxed and free from the weight of responsibility and the burden of trying too hard.

Nicole Unice, author of *She's Got Issues*, wants that life to become a reality for you. She challenges you to get real about where you are right now—the places where you feel too scared to change, too tired to endure, or too worried to let go. Through personal stories and practical application, Nicole will lead you on a journey to harness all of your mispent doubts, concerns, and fears—and discover what God is saying about who you can be. Don't miss the companion *Brave Enough DVD Group Experience* (UPC 031809201381)!

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