



The Proactive Leader: How To Overcome Procrastination And Be A Bold Decision-Maker

David De Cremer

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Why do leaders delay decisions? Are they aware of their own tendency to procrastinate? Are they able and willing to prevent it? This engaging and thought-provoking book provides insights and tools to identify the psychological and situational factors that cause leader procrastination. Gathering these insights will help you to become more aware of the negative consequences that procrastination may lead to and to become skilled in using this knowledge to become a more effective leader.

The delaying of decisions is something we are all familiar with: from simply postponing your annual appraisal review to the side-lining of strategic plans and visions that were launched with such enthusiasm at the beginning of the year. For many of us, some forms of procrastination are acceptable – or at least help to make things manageable. Many leaders have problems exerting influence in the right ways and are uncertain about the 'how' of leadership decisions. In fact, it has recently become clear that one of the more prominent and contemporary leadership problems is the fact that leaders avoid making significant decisions. In other words, leaders nowadays have become major procrastinators

De Cremer uses the most innovative and recent scientific insights to explain the causes of procrastination and why this behaviour poses such a significant threat to any type of leader wanting to promote trust and efficiency within the company. Using case studies of well known leaders, he explores decisions they have made and actions they have taken to show where procrastination and inaction has caused failure, and what can be learnt from these examples. Full of practical checklists and tools, this book explains why people delay decisions, and how to manage this behavior in yourself and your teams.

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